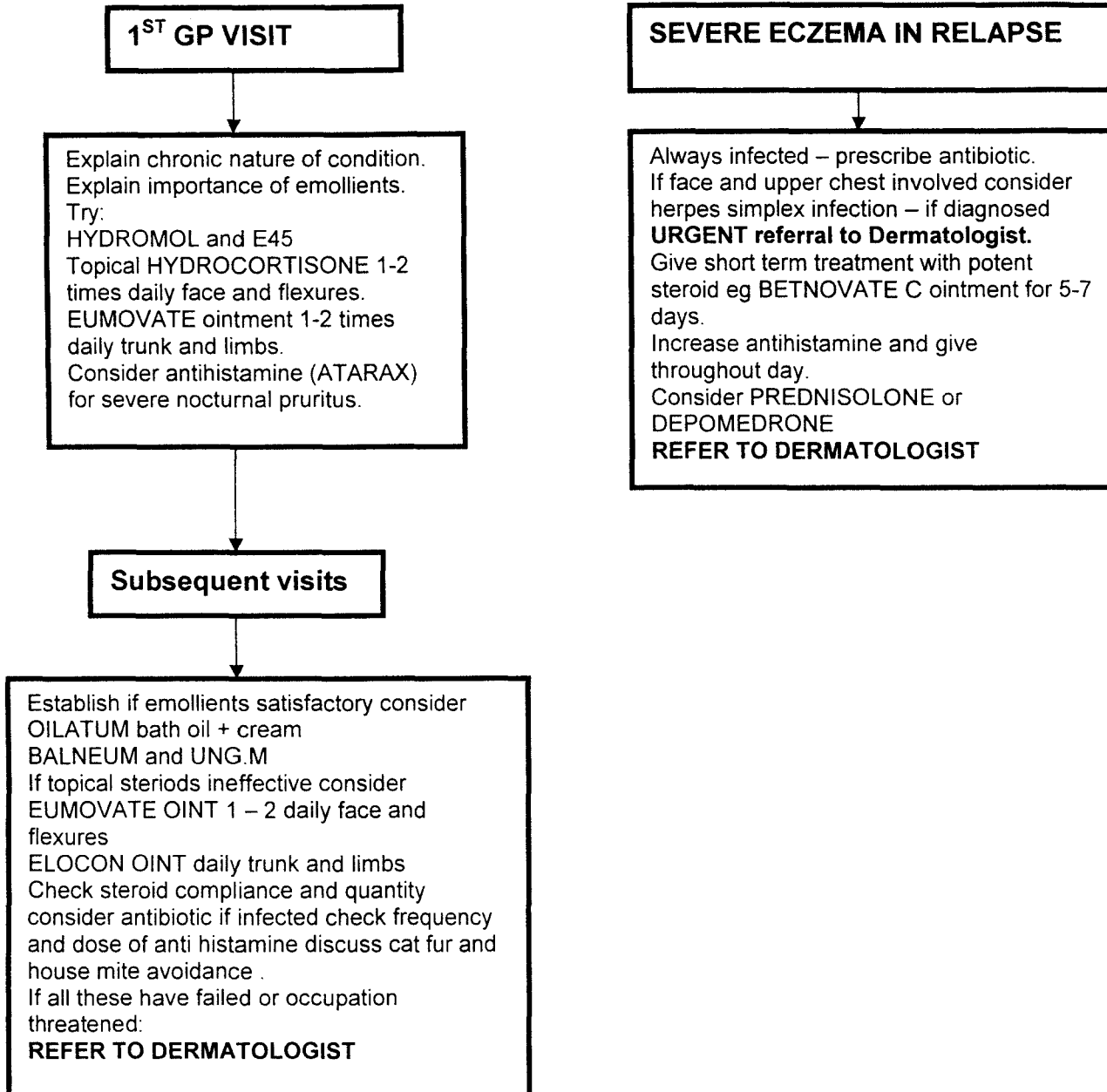


GP MANAGEMENT GUIDELINES ATOPIC ECZEMA IN ADULTS



NOTES:

- **Systemic steroids are a highly effective short term treatment for atopic eczema but we try to restrict them to a short term use during periods of severe relapse**
- **Oil of evening primrose does NOT have a significant effect.**
- **In general skin and blood tests for allergy are NOT helpful: DO NOT REFER for these**
- **Dietary modification is of little value**